

A word from **OUR CHAIRMAN**

Hi All,

Well first of all could I wish you all a very happy New Year and wish all of you, clients and volunteers all the best for 2018.

I trust that you all had a good Christmas and were able to spend time with family and friends. It was particularly special for me this year as it was a first Christmas with my grandson who came over from Tajikistan to spend it with us. Even at four months old, he seemed to know something special was happening. Perhaps it was the Christmas pudding outfit his mother bought him to wear.

Like everyone else I was disappointed that we had to postpone our Christmas lunch which I was looking forward to very much. It was however a simple decision to make to delay the lunch since we could not take any risks with the safety of our members and the bad weather. We have now had our lunch on 9th Jan which was a fantastic start to the New Year, many thanks to all of the staff and volunteers who worked so hard to make it such a special day. As Christmas seemed to come and go very quickly the delayed lunch has certainly helped in making Christmas last a lot longer.

It was with delight that I was able to announce at the lunch the news we had received that day from West Berkshire Council that they had made the decision to further extend our grant for 12 months from March 2018 to March 2019. We can only hope that they will be able to find the funds to further extend our grant next year.

With my very best wishes to you all for 2018.

Adrian
Chairman

News from **WOOLHAMPTON**

We at Woolhampton have had a good couple of months. We had a great afternoon of indoor bowls, discussion groups, bingo and a music quiz.

With the lead up to Christmas we were getting ready for the Christmas Lunch unfortunately had to cancel, due to the bad weather conditions that got in the way. I would like to thank everyone for their understanding but we felt we didn't want people to come out in the cold and ice. We postponed the lunch until 9th January and have now managed to share our special day together with the, members, staff, volunteers and trustees from Woolhampton, Riverside and Nuffield. As always a lot of hard work but well worth it.

We said goodbye to Richard Benton-Jones due to ill health but hope he will return to us in the near future. We wish him a full and speedy recovery.

In the coming term we will be adding some new activities to the afternoons. I would like to thank all my wonderful Volunteer's without who I could not do the range of activities we do and a special thanks to Sandra, Mary and Pat in the kitchen who always serve up great lunches.

Wishing you a Happy New Year

Wendy

Programme for **WOOLHAMPTON**

2 Jan	Sarah Papworth	20 Feb	Sarah Papworth
9 Jan	Sarah Papworth	27 Feb	Sarah Papworth
16 Jan	Sarah Papworth	6 Mar	Sarah Papworth
23 Jan	Sarah Papworth	13 Mar	Sarah Papworth
30 Jan	Sarah Papworth	20 Mar	Sarah Papworth
6 Feb	Sarah Papworth	27 Mar	Sarah Papworth
13 Feb	Sarah Papworth	3 Apr	Sarah Papworth

News from **RIVERSIDE**

We bid a sad farewell to Sonia Rutterford who has had to leave us due to Health problems. Sonia has a great sense of humour and always made us smile every week when she would ask for a Gin & Tonic at coffee time! Our get well wishes go out to her and we hope that she feels better soon.

Also we wish Alister one of our much valued volunteers a speedy recovery. We are really missing Big Al and hope that he might be back in 2018.

At both Riverside & Nuffield we were fortunate enough to have the Steventon Singers entertain us before Christmas and get us in the festive mood. They are wonderfully talented and everyone enjoyed a good sing song.

A good time was had by all at our Christmas lunch, the necessary delay did not detract from this special day for us all.

Best wishes

Sarah

Programme for **RIVERSIDE**

2 Jan	Exercises - Chris Treacher	20 Feb	Zumba – Emma Newman
9 Jan	Christmas Lunch	27 Feb	Exercises - Chris Treacher
16 Jan	Exercises - Chris Treacher	6 Mar	Zumba – Emma Newman
23 Jan	Zumba – Emma Newman	13 Mar	Exercises - Chris Treacher
30 Jan	Exercises - Chris Treacher	20 Mar	Zumba – Emma Newman
6 Feb	Zumba – Emma Newman	27 Mar	Exercises - Chris Treacher
13 Feb	Exercises - Chris Treacher	3 Apr	Zumba – Emma Newman

News from **NUFFIELD**

We are looking forward to getting back to our exercise programmes. We are now lucky enough to have Chris Treacher on board for this year who will alternate with Emma (Zumba) Newman putting us through our paces

Best wishes

Sarah

Programme for NUFFIELD

3 Jan	Exercises - Chris Treacher	21 Feb	Zumba – Emma Newman
9 Jan	Christmas Lunch	28 Feb	Exercises - Chris Treacher
17 Jan	Exercises - Chris Treacher	7 Mar	Zumba – Emma Newman
24 Jan	Zumba – Emma Newman	14 Mar	Exercises - Chris Treacher
31 Jan	Exercises - Chris Treacher	21 Mar	Zumba – Emma Newman
7 Feb	Zumba – Emma Newman	28 Mar	Exercises - Chris Treacher
14 Feb	Exercises - Chris Treacher	4 Apr	Zumba – Emma Newman

Out & About

Nicki Thomson our runner for the London Marathon has been busy training and organizing the Silent Auction to be held at The Chequers Hotel in Newbury. The event will take place on Friday 16 March from 7:45 to 10:30, tickets are now available at £10 each which includes a drink, nibbles and entertainment. Nicki has obtained a good number of varied lots for us to bid on, a list of these will soon be circulated. If you, your family or friends would like to join us for a fun evening please advise Wendy or Sarah.

Nicki has set up a VirginMoneyGiving website for those who wish to support her in running for us in the London Marathon <https://uk.virginmoneygiving.com/NickiThomson1>. We also have paper copies of the forms which are held by Wendy & Sarah, thanks to those who have already pledged their support.

Christmas lunch moments



The next edition of our Newsletter will be in **April**

If you use our transport and cannot come along one week, please let Wendy know on Monday morning by 9.30 am by ringing 01256 881007, if there is no answer please leave a message.